

Unit 6: At Work

Further information

Know more about the use of *for* and *since*.

The Present Perfect Continuous tense is often used – generally with *for* or *since* - to describe how long something has been happening up to now.

For example:

Q: *How long have you been studying English?*

A: *I've been studying English for four years.*

Note - You can just say "For four years."

Q: *How long have you been living in Germany?*

A: *I've been living here since 1998.*

Note - You can just say "Since 1998".

Note - ***For*** is always used with a ***length*** of time and ***since*** with a ***point*** in time.